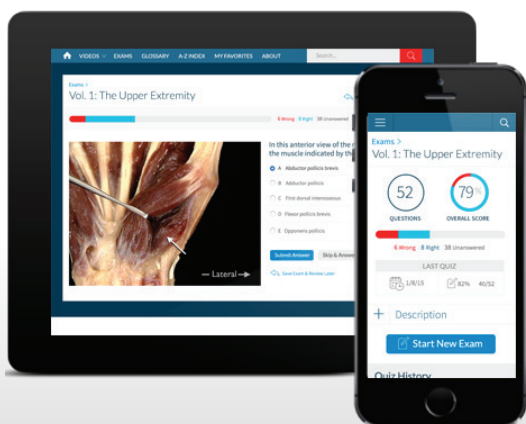


Acland's Video Atlas of Human Anatomy Quick Reference Guide



What is Acland's Video Atlas of Human Anatomy?

Accessible via AclandAnatomy.com, this video library features over 330 3D rotational gross anatomy videos produced and narrated by a leading anatomist and professor of surgery. Videos are 2-5 minutes long, feature fresh cadaver specimens, and are organized into 5 volumes: Upper Extremity, Lower Extremity, The Trunk, Head & Neck, and Internal Organs.

What can you do with Acland's Video Atlas?

- See how bones, joints, muscles, organs, and nerves move and interact with each other
- Navigate directly to videos of specific body regions, or browse an A-Z list of videos
- Take self-review exams to assess what you've learned in the videos
- Share video clips, identify "favorite" videos, and download video transcripts
- Check definitions of key terms in an A-Z glossary

Accessing your Acland's Video Atlas subscription

- Go to aclandanatomy.com on your browser
- Sign in via IP authentication, referring URL, or received/purchased access code
- Enter your email and password in the Sign In section, then click "**Sign In**"

Homepage

VOLUMES	LAST SCORE	Questions
Volume 1: The Upper Extremity	--- Not Started ---	52 Questions
Volume 2: The Lower Extremity	--- Not Started ---	68 Questions
Volume 3: The Trunk	--- Not Started ---	52 Questions
Volume 4: The Head and Neck	--- Not Started ---	60 Questions
Volume 5: The Internal Organs	--- Not Started ---	70 Questions

- A welcome message and your name appears in the upper-right, confirming you've signed in
- Videos you've subscribed to are listed
- Exams associated with your subscribed videos, as well as your current scores and progress, are also displayed

Navigating to a video

- Click the **VIDEOS tab** in the top menu of the home screen and select the desired video volume, OR
- Select the desired video volume from the list in the center of the home screen, OR
- Click the **A-INDEX tab** in the top menu of the home screen

A-Z results for Abdominal Muscles

- Volume 3: The Trunk > The Musculoskeletal Structures Around the Abdomen
3.3.5 Posterior abdominal muscles 1: erector spinae, quadratus (2:03)
- Volume 3: The Trunk > The Musculoskeletal Structures Around the Abdomen
3.3.6 Posterior abdominal muscles 2: psoas major, iliacus (3:23)

- On the A-Z INDEX page, **browse to and select** from an alphabetical list of body parts, regions, organs, muscles, etc.
- A-Z results page displays all of the videos related to the selected topic, across all your subscribed video volumes

Opening and watching a video

The screenshot shows a video player interface. At the top, the breadcrumb path is 'Volume 3: The Trunk > The Musculoskeletal Structures Around the Abdomen'. The video title is '3.3.6 Posterior abdominal muscles 2: psoas major, iliacus'. On the right, there are links for 'TRANSCRIPT' and 'EMAIL'. On the left, a 'JUMP TO' menu lists: 'Psoas major muscle', 'Iliacus muscle', 'Ilio-psoas muscle', 'Ilio-psoas fascia', 'Peritoneum in iliac fossa', and 'Overview of posterior abdominal wall'. The video player shows a 3D anatomical model of the posterior abdominal wall with a play button in the center. At the bottom, there is a 'See Also' section with links: 'abdominal muscles', 'fascia', 'iliacus muscle', 'ilium', 'peritoneum', 'posterior abdominal wall', 'tissue dissection', and 'vaginal contraceptive diaphragm'. To the right of the video player, there is a 'Up Next' section for '3.3.7 Anterior abdominal muscles 1: rectus abdominis' and two buttons: 'Previous Video' and 'Next Video'.

- Video name and volume number and name are displayed at the top of the page
- Go directly to a specific section in the video from the **JUMP TO list**
- Turn on/off closed captions, change narration/play speed, adjust picture quality, and enlarge video to full-screen size
- Go to related videos from the **See Also** section
- Go to the previous video or the next video in the video volume
- Download a PDF transcript or share the video with colleagues

Taking an exam

The screenshot shows the 'Exams' page. The top navigation bar includes 'VIDEOS', 'EXAMS', 'GLOSSARY', 'A-Z INDEX', and 'ABOUT'. A search bar is on the right. The main heading is 'Exams' with the subtext 'Test yourself on any AclandAnatomy.com volume to which you have a subscription.' Below this is a table with two columns: 'VOLUMES' and 'LAST SCORE'. The table lists two volumes: 'Volume 1: The Upper Extremity' with a '52 Questions' button and '--- Not Started ---' score, and 'Volume 2: The Lower Extremity' with a '68 Questions' button and '--- Not Started ---' score.

- Exams are associated with a video volume, not an individual video
- Exams test what you've learned from watching all the videos in a given video volume
- Navigate to an exam from the **EXAMS** tab in the top menu of any page, OR
- From the **Take an Exam** button in the center of a video volume page

The screenshot shows the 'Take an Exam on The Trunk' page. The top navigation bar is the same as in the previous screenshot. The main heading is 'Take an Exam on The Trunk'. Below this is a list of exam topics, each with a plus sign icon: 'The Spine', 'The Musculoskeletal Structures of the Thorax', 'The Musculoskeletal Structures Around the Abdomen', and 'The Musculoskeletal Structures of the Pelvis'. On the left side, there are three volume thumbnails: 'VOLUME 1 The Upper Extremity', 'VOLUME 2 The Lower Extremity', and 'VOLUME 3 The Trunk'.

Exams

Volume 3: The Trunk

[Start a New Exam](#) Start

Exam History

No exams have been saved or completed.

Start Exam: Volume 3: The Trunk

Experience

Time Me seconds per question

Questions

/ 52 Questions

Target new questions

Target questions I got wrong

Review

Check my answers immediately

Review my answers after the exam

Start Exam

Before starting, you can apply three settings:


- Number of seconds you'd like to take for each question (the exam will move automatically to the next question once the allotted number of second has been reached)
- How many questions you wish to take; if you are resuming an exam, you can also choose the exam to present only new questions or those you answered incorrectly the previous time you took the exam
- When to review your answers: in real time or after you complete the exam

Exams > Volume 3: The Trunk

Volume 3: The Trunk

[Save Exam & Review Later](#)

52 Unanswered



Identify the structure indicated by the arrow.

A Aortic arch

B Ascending aorta

C Descending aorta

D Ligamentum arteriosum

E Pulmonary trunk

Submit & View Next Question Skip & Answer Later

[Save Exam & Review Later](#)

On each question page:

- Submit or save a question, or save the entire exam
- Check the number of unanswered questions left in the exam

Once you've submitted at least one question of an exam:

- Check your exam history, including exam start date, number of answers completed, correct and incorrect answers, and score from the previous time you took the exam

Exams
Volume 3: The Trunk

LAST EXAM TAKEN

52 QUESTIONS
NOT FINISHED LAST SCORE

Start a New Exam Start

Exam History

STARTED	COMPLETED	MODE	SCORE
11/08/2023	---	Exam	---

0 Incorrect 1 Correct 51 Unanswered

11/08/2023 Exam Mode

Resume X

Additional resources:

- Acland's Video Atlas User Guide - <https://aclandanatomy.com/DocumentLibrary/Acland%20User%20Guide%20Feb%202017.pdf>
- Ovid Support - Contact Ovid Support with any questions, support@ovid.com