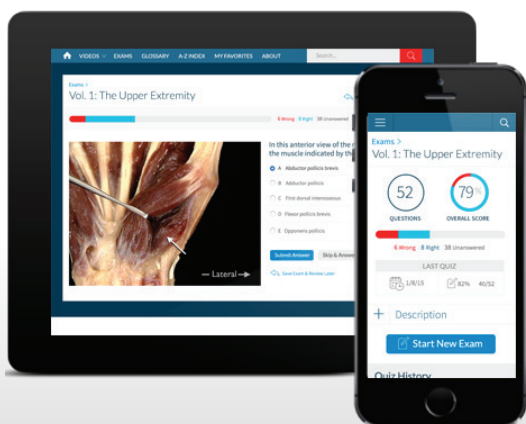# Acland's Video Atlas of Human Anatomy
Quick Reference Guide

What is Acland's Video Atlas of Human Anatomy?

Accessible via AclandAnatomy.com, this video library features over 330 3D rotational gross anatomy videos produced and narrated by a leading anatomist and professor of surgery. Videos are 2-5 minutes long, feature fresh cadaver specimens, and are organized into 5 volumes: Upper Extremity, Lower Extremity, The Trunk, Head & Neck, and Internal Organs.

What can you do with Acland's Video Atlas?

- See how bones, joints, muscles, organs, and nerves move and interact with each other
- Navigate directly to videos of specific body regions, or browse an A-Z list of videos
- Take self-review exams to assess what you've learned in the videos
- Share video clips, identify "favorite" videos , and download video transcripts
- Check definitions of key terms in an A-Z glossary

Accessing your Acland's Video Atlas subscription

- Go to aclandanatomy.com on your browser
- Sign in via IP authentication, referring URL, or received/purchased access code
- Enter your email and password in the Sign In section, then click "*Sign In*"

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Homepage

- A welcome message and your name appears in the upper-right, confirming you've signed in
- Videos you've subscribed to are listed
- Exams associated with your subscribed videos, as well as your current scores and progress, are also displayed

Navigating to a video

- Click the **VIDEOS tab** in the top menu of the home screen and select the desired video volume, OR
- Select the desired video volume from the list in the center of the home screen, OR
- Click the **A-INDEX tab** in the top menu of the home screen

- On the A-Z INDEX page, **browse to and select** from an alphabetical list of body parts, regions, organs, muscles, etc.
- A-Z results page displays all of the videos related to the selected topic, across all your subscribed video volumes

Opening and watching a video

- Video name and volume number and name are displayed at the top of the page
- Go directly to a specific section in the video from the *JUMP TO list*
- Turn on/off closed captions, change narration/play speed, adjust picture quality, and enlarge video to full-screen size
- Go to related videos from the *See Also* section
- Go to the previous video or the next video in the video volume
- Download a PDF transcript or share the video with colleagues

Taking an exam

- Exams are associated with a video volume, not an individual video
- Exams test what you've learned from watching all the videos in a given video volume
- Navigate to an exam from the *EXAMS* tab in the top menu of any page, OR
- From the *Take an Exam* button in the center of a video volume page

Exams
Volume 3: The Trunk

✎ Start a New Exam   [Start]

Exam History

No exams have been saved or completed.

Start Exam: Volume 3: The Trunk   ×

Experience

☐ Time Me

⌚ [   ] seconds per question

Questions

[52] / 52 Questions

☐ Target new questions

☐ Target questions I got wrong

Review

● Check my answers immediately

○ Review my answers after the exam

[Start Exam]

Before starting, you can apply three settings:

- Number of seconds you'd like to take for each question (the exam will move automatically to the next question once the allotted number of second has been reached)
- How many questions you wish to take; if you are resuming an exam, you can also choose the exam to present only new questions or those you answered incorrectly the previous time you took the exam
- When to review your answers: in real time or after you complete the exam

Exams > Volume 3: The Trunk

Volume 3: The Trunk   ↰ Save Exam & Review Later

52 Unanswered

Identify the structure indicated by the arrow.

○ A Aortic arch
○ B Ascending aorta
○ C Descending aorta
○ D Ligamentum arteriosum
○ E Pulmonary trunk

[Submit & View Next Question] [Skip & Answer Later]

↰ Save Exam & Review Later

On each question page:

- Submit or save a question, or save the entire exam
- Check the number of unanswered questions left in the exam

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Once you've submitted at least one question of an exam:

* Check your exam history, including exam start date, number of answers completed, correct and incorrect answers, and score from the previous time you took the exam